

# WORLD CONFERENCE ON EXERCISE MEDICINE

## 2023

### THREE DAYS OF EXERCISE FORMULATION

# 02 09

GLOBAL PEACE AUDITORIUM  
BRAHMAKUMARI'S SHANTI SAROVAR  
GACHIBOWLI, HYDERABAD, T.S. INDIA  
September 02 - 04 - 2023



ORGANISED BY:



International Federation of  
Physical Education, Fitness and  
Sports Science Association



Academic Supporters



**ANURAG**  
UNIVERSITY



RESERVE YOUR SLOT

+91 - 98859 11520

rajesh2sports@gmail.com

wcem.com.my

www.ifpefssa.org



## FROM THE ORGANISING CHAIR

Greetings to all and I must admit that I have been looking forward to writing this message.

Again, my utmost gratitude to all the scientific committee and those who have been directly or indirectly dedicated your time, effort and expertise on this mission to combat NCDs. We have hosted 5 programs in Malaysia and this coming session will be our 6<sup>th</sup>. I was indeed so happy to know that India has taken up this courageous effort to be the host and I believe one day in the very near future we will make an impact to change the mortality statistics soon.

We probably may not be aware that every two seconds, a person under the age of 70 dies of an NCD, and 86% of those deaths occur in low- and middle-income countries. This was announced on the sides of the 77<sup>th</sup> UN General Assembly as stated in the World Health Organization new report and accompanying data.

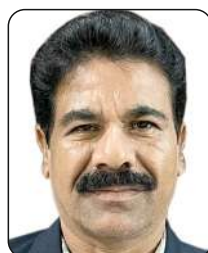
In 2016, The World Health Organization (WHO) estimated that noncommunicable diseases (NCDs) were responsible for 41 million deaths, equivalent to 71% of global deaths. On the 16<sup>th</sup> Sept, 2022, The World Health Organisation published a similar figure that NCDs kill 41 million people each year, equivalent to 74% of all deaths globally. The figures remained unchanged.

The world is dying and we have to do more. As we focus on exercise medicine as an intervention, this year our speakers will deliver their paper on to the correct and safe types of exercise and the right dosage for each type of NCDs. From world renowned speakers of all fraternity and all over the world, we have assembled the best for your learning.

I am sure our relentless effort from so many countries will bring down the mortality figures soon and I look forward to meet you all in Hyderabad, Telangana State, India.

Dr. Jessy Lai,

## ORGANIZING COMMITTEE



**Prof. L.B. Laxmikanth Rathod**  
Vice Chancellor  
Palamuru University



**Prof. Rajesh Kumar**  
I/c Director of Physical Edn.  
Osmania University



**Prof. J. Prabhakar Rao**  
Director of Physical Edn.  
Satavahana University



**Prof. Syed Ibrahim**  
Life President  
IFCSS



**Dr. Y. Emmanuel S. Kumar**  
Chairman, IFCSS



**Dr. Veerender Chennou**  
Vice President,  
IFPESSA



**Prof. Dr. Muhammad Lee**  
Chief Executive Officer  
ACEM, Malaysia

## CALL FOR PAPERS

**Exercise & Inc Heart**

**Exercise & Cancer**

**Exercise & Ageing**

**Exercise & Children**

**Exercise & Injuries**

**Exercise & Sociology**

**Exercise & Inc Immune bystcm**

**Exercise & Metabolic Diseases**

**Exercise & Community Approach**

**Promotion on Healthy Lifestyle**

**Exercise & Rehabilitation**

**Exercise & Mental Health**

## IMPORTANT DATES

**SUBMISSION OF ABSTRACT** May 15 to June 30, 2023  
(Early submissions are highly recommended)

**Last Date of Full Paper Submission**  
31st July 2023

**NOTIFICATIONS** May 15 to June 30, 2023  
(1-2 weeks after submission)

**Conference Dates**  
2nd to 4th September 2023

## CONFERENCE JOURNAL E PROCEEDINGS

INTERNATIONAL JOURNAL OF HEALTH, PHYSICAL  
EDUCATION AND COMPUTER SCIENCE IN SPORTS

ASIAN JOURNAL OF PHYSICAL EDUCATION  
AND COMPUTER SCIENCE IN SPORTS

**Note: Selected papers will be given chance to give oral presentation. All papers will be published in the proceedings**

### ABSTRACT

The abstract should include all the following subheadings: Introduction, Purpose, Method, Results and Discussion / Conclusion. Key words the abstract content must be 300 to 400 words

### The full paper should consist of the following:

(1) Abstract 250-300 words (2) Introduction (3) Purpose of the study (4) Methodology, (5) Results, (6) Discussion, (7) Conclusion, and (8) Reference. The full paper must consists of Title Arial Font 12, Author Name in Arial Font 11, Institution Name in Arial Font 10 and Full Text in 10 font and not more than 3 pages in A4 Size letter. Tables and graphs: must be in black and white. 9 pt with presenting a heading placed at the top of the figure. Citation and Reference: 3-10 references maximum in alphabetical order for all papers. All the abstracts will be published in the conference proceedings. The selected papers will be recommended for publication after the conference in the following peer reviewed journals. All the papers sent to rajesh2sports@gmail.com

### Conference fees:

Category	Early Bird From 15th May to 5th August 2023	Regular After 5th August 2023
International Delegates	300 USD Paid during conference	350 USD Paid during conference
Indian Delegates	Rs. 4500	Rs. 5000
Student Delegates	Rs. 4000	Rs. 4500

**Note: Accommodation will be arrange on payment.**

Conference fees includes Registration Kit, Certificate, food and refreshments at the venue. Registration fees must be Transfer Online **INT. FEDERATION OF PHYSICAL EDUCATION, FITNESS & SPORTS SCIENCE ASSOCIATION, Account Number 99140030000971, IFS Code TSAB0000114, Telangana State Cooperative Apex Bank Limited, Bagh Lingampally Branch Hyderabad, Google Pay No. 9885911520**



**GET IN TOUCH**

**9885911520, 9440037291**

**9848552437**

**rajesh2sports@gmail.com**

## **ENDORSEMENTS**



## **TOURIST PLACES**



**CHARMINAR**



**RAMOJI FLIM CITY**



**BUDDHA STATUE, HYDERABAD**



**GOLCONDA FORT**



**AMBEDKAR STATUE**



**TELANGANA SECRETARIAT**



**CHOWMAHALLA PALACE**



**OSMANIA UNIVERSITY ARTS COLLEGE**